



Helping Teen Parents Raise Healthy Families

parent pathways

Volunteer Opportunities at Parent Pathways

Parent Pathways is a Denver-based nonprofit that empowers struggling teen families to be productive members of the community. Using a holistic approach, we offer a spectrum of wraparound services to the entire teen family, including education and parenting training for pregnant and parenting teen mothers at the Florence Crittenton School, early childhood education for their babies at our Qualistar-rated Early Learning Center, and counseling and parenting support for teen fathers through our Young Fathers Program. But we can't do it alone – Parent Pathways depends on community support, both through donations and volunteerism, to help teen parents raise healthy families!

How Can You Help?

There are so many ways to help Parent Pathways, with a time commitment as small as once a year or as frequent as several hours a week. It's up to you! Hold a baby, wrap some gifts, adopt a family at holiday time, teach a student about your job, stuff backpacks with school supplies, plant a garden, register event participants! Read on for some ideas . . .

Opportunities at the Florence Crittenton School

Infant/Toddler Development Center Assistant. Support the professional staff in the Early Learning Center, helping care for babies and toddlers while their teen mothers are in class.

“Job Shadowing” Host. Offer young women enrolled in the Florence Crittenton School’s career development classes the opportunity to spend a day or half day with you at work once or twice a year.

Lecturer or Workshop Presenter. Professionals representing diverse fields are invited to present 45-minute sessions to our students on specific career, educational or life skill topics.



Zonta Club of Denver II members renovating the Baby Bucks Store, where students get rewards for good attendance and grades



Checking runners in at the “Miles for Moms” Run/Walk

Special Events and Short-Term Volunteer Opportunities

Parent Pathways’ special events throughout the year offer volunteers the opportunity to get involved on a limited or short-term basis.

“Miles for Moms” Run/Walk. The Miles for Moms Run/Walk, held the day before Mother’s Day, is our biggest fundraiser of the year. We need volunteers for event planning, prize solicitation, scheduling volunteers and more. We also offer lots of opportunities to help on race day, from staffing registration to directing participants to serving bagels to runners.

Annual Luncheon. We also need volunteers for our Annual Luncheon, another major fundraiser, which takes place in the fall. Be a table captain, fold programs, mail invitations, find sponsors, decorate the banquet room, set up tables and greet

guests the day of the luncheon, and more!

Baby Bucks Store. This volunteer-operated store, which gives students the opportunity to earn diapers and baby cloth-

More ...



Painting a mural in the new Early Learning Center Classroom

ing as a reward for attendance and high performance in school, needs volunteers to organize, inventory and serve our teenage clients.

School Supplies Drive. Companies are encouraged to get involved in Parent Pathways' annual School Supplies Drive in August. We need backpacks and school items donated, and need help filling the packs and distributing them to students.

Graduation. When graduation rolls around in May, we need help with advance preparation, mailings, program folding, event day setup of displays and food, and more.

Homecoming. Our annual Homecoming event in October requires volunteers to help with mailings, set up on event day, and greet and direct former students and staff who attend.



A Lockheed Martin volunteer stuffing backpacks with school supplies, an annual giving tradition for the company

Food Baskets Program. When there is need, Parent Pathways organizes food baskets for struggling students and their families. Volunteers can help with the shopping, sort the items, and assemble food bags.

Donated Clothing. Gently used clothing and toys donated to Parent Pathways must be sorted and distributed to the students.

Creative Projects. Sometimes an individual's talents and inclinations suggest original ways to contribute. One volunteer with an artistic bent is painting a mural in a new Early Learning Center classroom. What unique talent do **you** have?

Seasonal Giving: **Holiday Helping Hands**

Thanksgiving Baskets. Families or groups are encouraged to provide a Thanksgiving meal for a young family.

Holiday Giving Tree. A family or group sets up a tree in their workplace, worship space or other gathering place, and members collect "wish list" gifts written on ornaments.

Holiday Sponsor-a-Family. Your family or group can provide a holiday meal and gifts for an entire family!



Wrapping holiday gifts for needy students' families

Board and Committee Opportunities

One meaningful way to help Parent Pathways is to become a member of the Board of Directors – composed of board members, staff and community volunteers – which meets monthly.

The Board has four committees members can participate in: the Business, Development, Nomination and Governance and Program Committees.

Administrative Opportunities

Some people prefer to support Parent Pathways quietly, behind the scenes. Here's an opportunity! We always need people to fold fliers, stamp postcards, sort files, organize our warehouse and more.



Temple Emanuel creating a Community Garden for the Florence Crittenton School's Gardening Club

Group Projects

Parent Pathways encourages businesses, volunteer organizations and community groups to take on a project that has meaning to them, either over a long period or as a one-time effort. For example, the Zonta Club of Denver II maintains our Baby Bucks Store on an ongoing basis, while Denver's Temple Emanuel spent a weekend morning creating a community garden for the Florence Crittenton School's Gardening Club. What can **you** do? *Call and find out!*

To find out how you can volunteer for Parent Pathways, please contact Marcia Jamison, Manager of Volunteers and Special Events, at (303) 321-6363 x 208, or email volunteer@parentpathways.org. For more info about Parent Pathways, visit www.parentpathways.org.

