



## News Release

### FOR IMMEDIATE RELEASE

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## Celebrate Moms at the 5th Annual Parent Pathways “Miles for Moms” Run/Walk on Mother’s Day Weekend

DENVER – March 16, 2009 –

The Parent Pathways “Miles for Moms” Run/Walk is coming to Central Park-Stapleton on the Saturday of Mother’s Day weekend, giving people a unique opportunity to honor their mothers by running, walking and raising money for a non-profit that helps teen parents raise healthy families.

Moving to Stapleton after four years in Cheesman Park, the event offers a “Mom-focused” morning of activities, including special prizes for participating mothers and an opportunity for children to create Mother’s Day cards. Participants will have the opportunity to celebrate their mothers, near or far, living or deceased, by pinning a “Celebrate Mom!” sign with their loved one’s name on their backs to wear during the Run/Walk.

The race starts at 9 a.m. on May 9, 2009, at Central Park-Stapleton’s Festival Area, featuring a 5K run/walk and a 2K run/walk that welcomes strollers. Race day registration and bib/T-shirt pickup begins at 8 a.m. The cost is \$25 per individual, \$15 for kids 10-14, and free for kids under 5. Last year, about 390 people ran and walked, bringing along family and friends to enjoy the festive atmosphere. This year that number is expected to reach 500.

Participants in the 5th annual “Miles for Moms” Run/Walk, sponsored by Comcast and FirstBank, are encouraged to form fund-raising teams and gather pledges to support Parent Pathways’ programs to help teen parents raise healthy families. The race awards valuable prizes to the highest fund-raising individuals and teams. People are encouraged to register online at [www.parentpathways.org](http://www.parentpathways.org), where they can set up personal and team fund-raising pages, send emails to their families and friends, or volunteer to help if they prefer not to run or walk.

Following the race, participants and supporters will enjoy bagels, fruit and even chocolate fondue, courtesy of the Melting Pot Restaurant. Activities for kids include face painting, making Mother’s Day cards and playing on the large playground near the finish line.

Central Park-Stapleton is located at E. Martin Luther King Jr. Blvd. and Central Park Blvd., where a parking garage will be available for race participants. The race start is a block away at Martin Luther King Jr. Blvd. and North Xenia Street.

The Parent Pathways “Miles for Moms” Run/Walk celebrates mothers to reflect the mission of this Denver-based nonprofit, which empowers teen families to be productive members of the community. Using a holistic and proven approach, Parent Pathways offers a spectrum of wraparound services for the entire teen family, including education, career guidance and parenting training for pregnant and parenting teen mothers at the Florence Crittenton School; early childhood education for their babies and toddlers at the Qualistar-rated Early Learning Center; and counseling, education and parenting support for teen fathers through the Young Fathers Program. Learn more at [www.parentpathways.org](http://www.parentpathways.org).

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